



# MANHEIM WEEKLY NEWSLETTER

www.manheimdowntown.org

(717) 665-1762

## THIS WEEK IN MANHEIM FEBRUARY 15 - 22, 2010

All Week	<b>MC Rec Classes and Programs</b> Old Middle School For more information or to register, please call (717) 664-7506 or visit their website at www.mcrc.org	Varies
2/15	<b>Stiegel Glassworks 1976</b> Manheim Downtown Development Group Office 17 North Main Street Attend this monthly meeting to learn more about the committees efforts and commitment to revitalizing Manheim's artistic history! For more information, please call 665-1762.	5:30 pm
2/15	<b>Promotion Committee Meeting</b> Manheim Downtown Development Group 17 North Main Street For more information, please call 665-1762.	7:00 pm
2/17	<b>Story Time</b> Manheim Community Library 15 East High Street For more information, call 665-1572.	10:30 am
2/18	<b>Lego Club</b> Manheim Community Library 15 East High Street For more information, call 665-1572.	7:00 pm
2/18	<b>Open Mic Night</b> Swashbuckler BrewPub & Eaterie 2775 Lebanon Road Artists are welcome to come out and play their instruments, serenade the crowd with singing or even recite their own poetry.	7:30 pm - 9:30 pm
2/19	<b>Shear Magic Day Spa &amp; Salon</b> Grand Opening and Ribbon Cutting 63 South Main Street Join the Manheim Downtown Development Group welcome this new business to Manheim!	2:30 pm - 6:00 pm Ribbon Cutting Ceremony at 3:00 pm
2/19 & 2/20	<b>Comedy at the Pub</b> Swashbuckler BrewPub & Eaterie 2775 Lebanon Road Shows are every Friday and Saturday. Admission of \$20 and a la cart menu pricing for food and drinks.	9:00pm
2/20	<b>Laser Dome Show</b> LaserDome 2050 Auction Road All shows are \$20 (\$15 with student ID). All shows include all you can play laser tag and halo3. For more information, please call 492-0002 www.laserdome.com	10:00 pm - 1:00 am



## Town Square Health Club at Pleasant View

Pleasant View Retirement Community (PVRC) believes that promoting a healthy lifestyle is something for all ages and offers classes and programs for the young and the young at heart.

Nestled on 108 acres in Manheim, PVRC offers more than residential accommodations, but also pool, spa and a training facility.

Exercise slows the aging process, improves health, and helps the body fight infection. The programs at PVRC Health Club are designed to help you improve or maintain your fitness level, contributing to a higher quality of life and to your enjoyment of it.

They feature a complete line of strength training Equipment, a variety of cardiovascular equipment, a Stretch Corner by Keiser, pool, spa, whirlpool and steam room

Programs which are held weekly include, DanceDance Revolution, Zumba, Setp 'N Sculpt, Kardio Kick, Tai Chi, and other aerobic classes. They also offer aquatic classes, swim lessons, massage therapy, tanning and a one-on-one personal training.

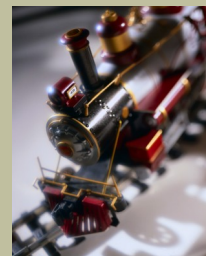


Have a group outing or a child's party to host? Why not try the PVRC Health Club? Their pool is set at a constant 86 degree temperature and gently sloping depth ranging from three to four foot making this the perfect pool for swimming or playing water games! Or enjoy DanceDance Revolution, a follow the rhythm and beat of this computer generated dance program.

Now more than ever it's time to get moving! For more information, reservation or rental rates, please call Sue Rohrer at (717) 664-6306 or visit their website at [www.pleasantviewrc.org](http://www.pleasantviewrc.org).

### Manheim Best Kept Secrets.....

In a small building beside the Manheim Train Station sits a small wonder of surprise! The Stiegel Valley Model Railroad Club (SVRR) has a depiction of scenery along the Columbia Reading Railroad. As the train pulls out and chugs along the tracks, buildings which are scaled to size, come



to life. The 16' x 26' display is open to the public on Sunday's from 2:00pm until 4:00pm. For more information, please call J. Bruce Hershey at 665-7201 and be sure to visit their website at [www.tonysegro.com/svrr.html](http://www.tonysegro.com/svrr.html) to watch a short video of the show!