



MANHEIM DOWNTOWN DEVELOPMENT GROUP

VISIT OUR WEBSITE AT WWW.MANHEIMDOWNTOWN.ORG

THIS WEEK IN MANHEIM MAY 25 —MAY 31, 2009

- 5/25** *Memorial Day Parade* **9:30 am**
 Manheim VFW Post 5956 will continue the longstanding tradition of a parade through Manheim! For more information, please visit their website at www.manheimvfw.org
- 5/26** *Sign Up for Summer Story Time Session*
 Manheim Community Library
 15 East High Street
 Sign up for the Summer pre-school storytime sessions, Get Ready, Get Set & Go. Summer storytime is set for Wednesday mornings at 9:30am
- 5/26** *Borough Council Meeting* **7:00 pm**
 Manheim Borough Office
 15 East Main Street
- 5/28** *Rapho Twp./Mt. Joy Boro. Council—Important Meeting* **7:30 pm**
 Rapho Township Building
 971 N. Colebrook Road
 Important issues on the agenda... New amendment to the zoning ordinance. Change in ordinance now allows up to 225,000 sq ft. stores and have no 2-story requirements.
- 5/31** *Political Memorabilia Presentation* **2:00 pm**
 Historic Manheim Preservation Foundation
 The speaker for this program will show and discuss many unusual and unique items associated with United States Presidents and their campaigns. For more information, please visit their website at www.manheim1762.org

BUSINESS SPOTLIGHT COME ALIVE CHIROPRACTIC.

Come Grow with us... Come Alive Chiropractic not only provide the highest quality, gentle chiropractic care, they offer an opportunity to grow in several ways.

Grow stronger resistance to pain and illness. Chiropractic care has been shown to improve function of the immune system to resist colds and the flu as well as relieve pain.

Grow a new awareness of your spine and posture with the newly developed RX4. It's a core experience like no other. You are invited to come use this equipment FREE any time the office is open.

Grow more muscle with static contraction training. Their explosive fitness program is the most time efficient workout to grow lean muscle that burns fat in less time (about 15 minutes per week). Come try a workout FREE.

Their goal is to relieve pain and also give you an opportunity to grow out of your pain. To grow stronger inside

and out. To offer the chance to come more alive on every level. Physically-Mentally-Spiritually.

At Come Alive Chiropractic they use several methods to make corrections or "adjustments" to your spine. The newest is a light force instrument that gives up to twelve pulses per second to initiate spinal motion and restore mobility and life into your spine.



Come Alive Chiropractic
 16 South Main Street
 (717) 665-1888

It also activates the brain through the nerve system to reprogram motion and postural imbalances. It does not necessitate twisting or pushing on your spine, so it provides a more comfortable adjustment for those who may not prefer a more traditional adjustment.. For more information or to schedule your appointment, please call 665-1888 today!

AND THE WINNER IS.....

The Manheim Downtown Development Group would like to thank everyone who participated in our Downtown Photo Contest! We received over 60 entries and a panel of 10 judges selected the top 4. The community and visitors to our Adopt A Block Party and our Market on the Square event voted for the photo they liked the best!



Michael Wolfe of Marietta took first place with his photo of St. Paul's UCC steeple amongst a

flowering peach tree. Michael will receive a gift certificate to the Summy House Restaurant and Tavern as well as photo postcards of his winning entry.

Second place was awarded to Stephanie Doyle for her photo of the gazebo on Market Square during our Christmas Tree Lighting event.

Tiersha Heisey placed third with her photo of the Brickhouse Café!